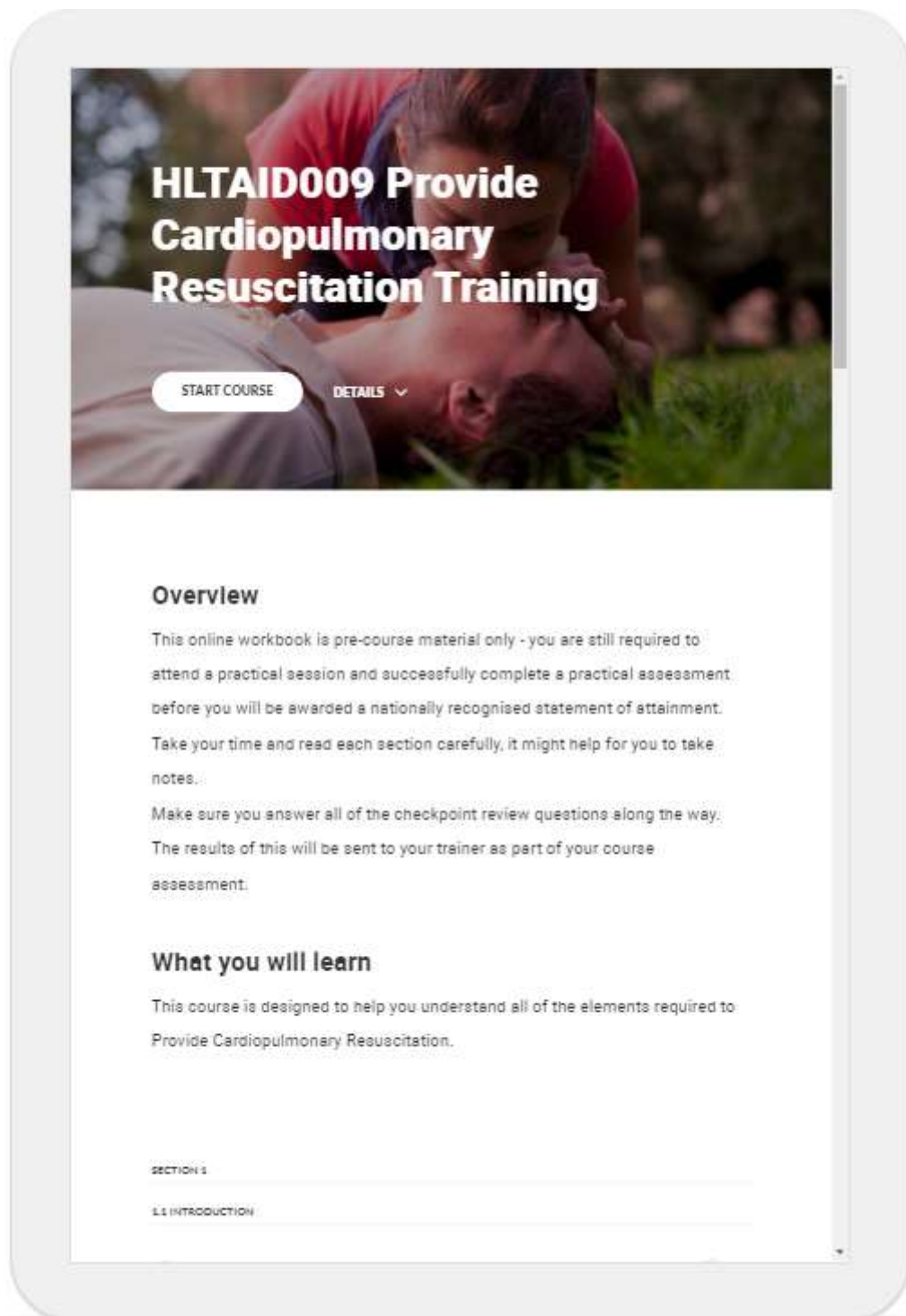


# HLTAID009 Provide Cardiopulmonary Resuscitation Training



**HLTAID009 Provide Cardiopulmonary Resuscitation Training**

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## Overview

This online workbook is pre-course material only - you are still required to attend a practical session and successfully complete a practical assessment before you will be awarded a nationally recognised statement of attainment. Take your time and read each section carefully, it might help for you to take notes.

Make sure you answer all of the checkpoint review questions along the way. The results of this will be sent to your trainer as part of your course assessment.

## What you will learn

This course is designed to help you understand all of the elements required to Provide Cardiopulmonary Resuscitation.

SECTION 2

L1 INTRODUCTION



Lesson 1 of 55

## 1.1. Introduction

This training course is based on the national unit of competency **HLTAID009 Provide Cardiopulmonary Resuscitation**.

Cardiopulmonary Resuscitation (CPR) is the name given to the technique of combining rescue breaths with external cardiac compressions.

The unit applies to all persons who may be required to provide CPR in a range of situations, including community and workplace settings.

The materials in this course describe the skills and knowledge needed to perform CPR in line with the Australian Resuscitation Council (ARC) Guidelines.



CONTINUE



Lesson 16 of 55

## 1.3.1 Assess the Casualty

Assess the casualty to work out what sort of emergency care is needed.

It is important that you do this as soon as possible after the incident. This will allow them to receive treatment quickly which may save their life.



Check the patient's vital signs:

- |                    |   |
|--------------------|---|
| 1. Consciousness   | + |
| 2. Airways         | + |
| 3. Signs of life   | + |
| 4. Severe bleeding | + |

These vital signs must be constantly checked. Keeping up with any changes can often mean the difference between life and death.

Question  
**01/08**

Section 1: Question 1 - When do workplace WHS policies and procedures need to be followed?

When a fire warden is on site.

At all times.

During business hours.

When operating heavy machinery.

SUBMIT

Question

07/08

Section 1: Question 7 - How could you demonstrate respectful behaviour towards a casualty? Select two (2) ways.

- Make assumptions about the casualty.
- Making a personal introduction.
- Use an assertive tone of voice.
- Provide minimal contact to reduce the chance of saying the wrong thing.
- Maintain constant communication with the casualty.

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